

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	Egg & Cheese Bagels Sandwich, Fruit, & Milk Hamburger w/Bun Chips Macaroni Salad Fruit Juice or Milk	English Muffin w Sausage and Cheese Sandwich with/jelly, Fruit, & Milk Beef Chili Mac with, Broccoli, Rolls, Fresh Fruit, Milk	Buttered Croissant Link Sausage, Fruit, & Milk Corn Dog, Chips, Carrots with Ranch, Fruit Juice, Milk	Sausage Gravy, Biscuit Jelly, Fruit, & Milk Sloppy Joe, Corn on the Cob, Baked Beans Fruit Juice, Milk	WG Cereal, Yogurt Fruit, & Milk Baked Chicken Leg with Broccoli, Potato Wedges, Fruit Juice or Milk	
9	10	11	12	13	14	15
	Oatmeal & Granola Bar, Fruit Smoothie, & Milk Pulled BBQ Chicken Sandwich, Chips and ColeSlaw, Fruit Juice or Milk	WG Cereal, Yogurt, Fruit, & Milk Turkey Wrap with Cheese Macaroni Salad, Fruit Juice or Milk	Cream Cheese Mini, Bagel, Little Smokey's, Fruit, & Milk Chicken Tenders with, Mashed Potatoes, Green Beans, Fruit Juice, Milk	Pancake with Syrup Hash brown Patty, Fruit, & Milk Spaghetti with Meatballs, Salad and, Bread stick, Fruit Juice or Milk	Buttered Croissant Link Sausage, Fruit, & Milk Cheese Pizza Salad, Fruit Juice, Milk	
16	17	18	19	20	21	22
	Cream Cheese Mini Bagels, Fruit, & Milk Hot Dog, Baked Beans Chips, Fruit Juice, Milk	Breakfast Pizza, Fruit, & Milk Nacho Salad with Cheese Sauce, Taco Beef, Salsa and Tortilla Chips, Fruit Juice	Waffle w syrup, Chicken Nuggets, Fruit, & Milk Chicken Nugget, Potato Wedges, Whole Kernel Corn Cole, Fruit Juice or Milk	Sausage Biscuit, Jelly, Fruit Smoothie, & Milk Chicken Alfredo with Penne Pasta, Wheat Roll, Salad, Fruit Juice or Milk	Buttered Croissant, Link Sausage, Fruit, & Milk Meatball Stroganoff Steamed Carrots Fruit Juice or Milk	
23	24	25	26	27	28	29
	Egg Frittata with Cheese Bagel, Fruit, & Milk Turkey and Swiss Sliders, Chips, Carrot Sticks, Ranch Dressing Fruit Juice or Milk	Biscuit with Jelly and Little Smokies, Jelly, Fruit, & Milk Cheesy Taco Pasta Salad, Whole Wheat Roll, Fruit Juice or Milk	Buttered Croissant Link Sausage, Fruit, & Milk Pulled BBQ Chicken Sandwich, Chips and ColeSlaw, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit, & Milk Beef Chili Mac with Broccoli, Rolls, Fresh Fruit, Milk	Breakfast Pizza, Fruit, & Milk Cheese Pizza, Salad with Dressing, Fruit Juice, Milk	
30	31					
	French Toast Sticks, Sausage Links, Fruit, & Milk Chicken Nugget, Tater Tots, Fruit Juice or Milk					

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Pop Tart, Yogurt, Fruit Smoothies, & Milk Nacho Salad with, Cheese Sauce, Taco, Beef, Salsa and Tortilla Chips, Fruit Juice	WG Cereal, Yogurt, Fruit, & Milk Hot Dog, Baked Beans, Fresh Fruit, Chips, Milk	Biscuit with Sausage Gravy, Jelly, Fruit, & Milk Chicken Alfredo with, Penne Pasta, Wheat Roll, Salad, Fruit Juice or Milk	Pancake with Syrup Hash brown Patty, Fruit, Milk Hamburger w Bun Chips, Macaroni Salad, Fruit Juice or Milk	
6	7	8	9	10	11	12
	English Muffin w/Sausage and Cheese Sandwich with/jelly, Fruit, Milk Hamburger Mac, Steamed Sliced, Carrots Ranch Whole Wheat Roll, Fruit Juice or Milk	Fruit Muffin, Yogurt Fruit Smoothies, Milk Turkey and Swiss, Sliders, Chips, Carrot Sticks, Ranch Dressing, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit, Milk Chicken Tenders with Mashed Potatoes, Green Beans, Fruit Juice, Milk	Sausage Biscuit, Jelly, Fruit, Milk Corn Dog, Chips, Carrots with Ranch, Fruit Juice, Milk	WG Cereal, Yogurt, Fruit, Milk Sloppy Joe Shepherd Pie with Mashed Potatoes, Salad, Fruit Juice or Milk	
13	14	15	16	17	18	19
	Egg & Cheese Bagels Sandwich, Fruit, & Milk Hamburger w/Bun Chips Macaroni Salad Fruit Juice or Milk	English Muffin w Sausage and Cheese Sandwich with/jelly, Fruit, & Milk Beef Chili Mac with, Broccoli, Rolls, Fresh Fruit, Milk	Buttered Croissant Link Sausage, Fruit, & Milk Corn Dog, Chips, Carrots with Ranch Fruit Juice, Milk	Sausage Gravy, Biscuit Jelly, Fruit, & Milk Sloppy Joe, Corn on the Cob, Baked Beans Fruit Juice, Milk	WG Cereal, Yogurt Fruit, & Milk Baked Chicken Leg with Broccoli, Potato Wedges, Fruit Juice or Milk	
20	21	22	23	24	25	26
	Oatmeal & Granola Bar, Fruit Smoothie, & Milk Pulled BBQ Chicken Sandwich, Chips and ColeSlaw, Fruit Juice or Milk	WG Cereal, Yogurt, Fruit, & Milk Turkey Wrap with Cheese Macaroni Salad, Fruit Juice or Milk	Cream Cheese Mini, Bagel, Little Smokey's, Fruit, & Milk Chicken Tenders with, Mashed Potatoes, Green Beans, Fruit Juice, Milk	Pancake with Syrup Hash brown Patty, Fruit, & Milk Spaghetti with Meatballs, Salad and, Bread stick, Fruit Juice or Milk	Buttered Croissant Link Sausage, Fruit, & Milk Cheese Pizza Salad, Fruit Juice, Milk	
27	28					
	Cream Cheese Mini Bagels, Fruit, & Milk Hot Dog, Baked Beans Chips, Fruit Juice, Milk					

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Breakfast Pizza, Fruit, & Milk Nacho Salad with Cheese Sauce, Taco Beef, Salsa and Tortilla Chips, Fruit Juice	Waffle w syrup, Chicken Nuggets, Fruit, & Milk Chicken Nugget, Potato Wedges, Whole Kernel Corn Cole, Fruit Juice or Milk	Sausage Biscuit, Jelly, Fruit Smoothie, & Milk Chicken Alfredo with Penne Pasta, Wheat Roll, Salad, Fruit Juice or Milk	Buttered Croissant, Link Sausage, Fruit, & Milk Meatball Stroganoff Steamed Carrots Fruit Juice or Milk	
6	7	8	9	10	11	12
	Egg Frittata with Cheese Bagel, Fruit, & Milk Turkey and Swiss Sliders, Chips, Carrot Sticks, Ranch Dressing Fruit Juice or Milk	Biscuit with Jelly and Little Smokies, Jelly, Fruit, & Milk Cheesy Taco Pasta Salad, Whole Wheat Roll, Fruit Juice or Milk	Buttered Croissant Link Sausage, Fruit, & Milk Pulled BBQ Chicken Sandwich, Chips and ColeSlaw, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit, & Milk Beef Chili Mac with Broccoli, Rolls, Fresh Fruit, Milk	Breakfast Pizza, Fruit, & Milk Cheese Pizza, Salad with Dressing, Fruit Juice, Milk	
13	14	15	16	17	18	19
	French Toast Sticks, Sausage Links, Fruit, & Milk Chicken Nugget, Tater Tots, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit Smoothies, & Milk Nacho Salad with, Cheese Sauce, Taco, Beef, Salsa and Tortilla Chips, Fruit Juice	WG Cereal, Yogurt, Fruit, & Milk Hot Dog, Baked Beans, Fresh Fruit, Chips, Milk	Biscuit with Sausage Gravy, Jelly, Fruit, & Milk Chicken Alfredo with, Penne Pasta, Wheat Roll, Salad, Fruit Juice or Milk	Pancake with Syrup Hash brown Patty, Fruit, Milk Hamburger w Bun Chips, Macaroni Salad, Fruit Juice or Milk	
20	21	22	23	24	25	26
	English Muffin w/Sausage and Cheese Sandwich with/jelly, Fruit, Milk Hamburger Mac, Steamed Sliced, Carrots Ranch Whole Wheat Roll, Fruit Juice or Milk	Fruit Muffin, Yogurt Fruit Smoothies, Milk Turkey and Swiss, Sliders, Chips, Carrot Sticks, Ranch Dressing, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit, Milk Chicken Tenders with Mashed Potatoes, Green Beans, Fruit Juice, Milk	Sausage Biscuit, Jelly, Fruit, Milk Corn Dog, Chips, Carrots with Ranch, Fruit Juice, Milk	WG Cereal, Yogurt, Fruit, Milk Sloppy Joe Shepherd Pie with Mashed Potatoes, Salad, Fruit Juice or Milk	
27	28	29	30	31		
	Egg & Cheese Bagels Sandwich, Fruit, & Milk Hamburger w/Bun Chips Macaroni Salad Fruit Juice or Milk	English Muffin w Sausage and Cheese Sandwich with/jelly, Fruit, & Milk Beef Chili Mac with, Broccoli, Rolls, Fresh Fruit, Milk	Buttered Croissant Link Sausage, Fruit, & Milk Corn Dog, Chips, Carrots with Ranch, Fruit Juice, Milk	Sausage Gravy, Biscuit Jelly, Fruit, & Milk Sloppy Joe, Corn on the Cob, Baked Beans Fruit Juice, Milk		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					WG Cereal, Yogurt Fruit, & Milk Baked Chicken Leg with Broccoli, Potato Wedges, Fruit Juice or Milk	
3	4	5	6	7	8	9
	Oatmeal & Granola Bar, Fruit Smoothie, & Milk Pulled BBQ Chicken Sandwich, Chips and ColeSlaw, Fruit Juice or Milk	WG Cereal, Yogurt, Fruit, & Milk Turkey Wrap with Cheese Macaroni Salad, Fruit Juice or Milk	Cream Cheese Mini, Bagel, Little Smokey's, Fruit, & Milk Chicken Tenders with, Mashed Potatoes, Green Beans, Fruit Juice, Milk	Pancake with Syrup Hash brown Patty, Fruit, & Milk Spaghetti with Meatballs, Salad and, Bread stick, Fruit Juice or Milk	Buttered Croissant Link Sausage, Fruit, & Milk Cheese Pizza Salad, Fruit Juice, Milk	
10	11	12	13	14	15	16
	Cream Cheese Mini Bagels, Fruit, & Milk Hot Dog, Baked Beans Chips, Fruit Juice, Milk	Breakfast Pizza, Fruit, & Milk Nacho Salad with Cheese Sauce, Taco Beef, Salsa and Tortilla Chips, Fruit Juice	Waffle w syrup, Chicken Nuggets, Fruit, & Milk Chicken Nugget, Potato Wedges, Whole Kernel Corn Cole, Fruit Juice or Milk	Sausage Biscuit, Jelly, Fruit Smoothie, & Milk Chicken Alfredo with Penne Pasta, Wheat Roll, Salad, Fruit Juice or Milk	Buttered Croissant, Link Sausage, Fruit, & Milk Meatball Stroganoff Steamed Carrots Fruit Juice or Milk	
17	18	19	20	21	22	23
	Egg Frittata with Cheese Bagel, Fruit, & Milk Turkey and Swiss Sliders, Chips, Carrot Sticks, Ranch Dressing Fruit Juice or Milk	Biscuit with Jelly and Little Smokies, Jelly, Fruit, & Milk Cheesy Taco Pasta Salad, Whole Wheat Roll, Fruit Juice or Milk	Buttered Croissant Link Sausage, Fruit, & Milk Pulled BBQ Chicken Sandwich, Chips and ColeSlaw, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit, & Milk Beef Chili Mac with Broccoli, Rolls, Fresh Fruit, Milk	Breakfast Pizza, Fruit, & Milk Cheese Pizza, Salad with Dressing, Fruit Juice, Milk	
24	25	26	27	28	29	30
	French Toast Sticks, Sausage Links, Fruit, & Milk Chicken Nugget, Tater Tots, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit Smoothies, & Milk Nacho Salad with, Cheese Sauce, Taco, Beef, Salsa and Tortilla Chips, Fruit Juice	WG Cereal, Yogurt, Fruit, & Milk Hot Dog, Baked Beans, Fresh Fruit, Chips, Milk	Biscuit with Sausage Gravy, Jelly, Fruit, & Milk Chicken Alfredo with, Penne Pasta, Wheat Roll, Salad, Fruit Juice or Milk	Pancake with Syrup Hash brown Patty, Fruit, Milk Hamburger w Bun Chips, Macaroni Salad, Fruit Juice or Milk	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	English Muffin w/Sausage and Cheese Sandwich with/jelly, Fruit, Milk Hamburger Mac, Steamed Sliced, Carrots Ranch Whole Wheat Roll, Fruit Juice or Milk	Fruit Muffin, Yogurt Fruit Smoothies, Milk Turkey and Swiss, Sliders, Chips, Carrot Sticks, Ranch Dressing, Fruit Juice or Milk	Pop Tart, Yogurt, Fruit, Milk Chicken Tenders with Mashed Potatoes, Green Beans, Fruit Juice, Milk	Sausage Biscuit, Jelly, Fruit, Milk Corn Dog, Chips, Carrots with Ranch, Fruit Juice, Milk	WG Cereal, Yogurt, Fruit, Milk Sloppy Joe Shepherd Pie with Mashed Potatoes, Salad, Fruit Juice or Milk	
8	9	10	11	12	13	14
	Egg & Cheese Bagels Sandwich, Fruit, & Milk Hamburger w/Bun Chips Macaroni Salad Fruit Juice or Milk	English Muffin w Sausage and Cheese Sandwich with/jelly, Fruit, & Milk Beef Chili Mac with, Broccoli, Rolls, Fresh Fruit, Milk	Buttered Croissant Link Sausage, Fruit, & Milk Corn Dog, Chips, Carrots with Ranch Fruit Juice, Milk	Sausage Gravy, Biscuit Jelly, Fruit, & Milk Sloppy Joe, Corn on the Cob, Baked Beans Fruit Juice, Milk	WG Cereal, Yogurt Fruit, & Milk Baked Chicken Leg with Broccoli, Potato Wedges, Fruit Juice or Milk	
15	16	17	18	19	20	21
	Oatmeal & Granola Bar, Fruit Smoothie, & Milk Pulled BBQ Chicken Sandwich, Chips and ColeSlaw, Fruit Juice or Milk	WG Cereal, Yogurt, Fruit, & Milk Turkey Wrap with Cheese Macaroni Salad, Fruit Juice or Milk	Cream Cheese Mini, Bagel, Little Smokey's, Fruit, & Milk Chicken Tenders with, Mashed Potatoes, Green Beans, Fruit Juice, Milk	Pancake with Syrup Hash brown Patty, Fruit, & Milk Spaghetti with Meatballs, Salad and, Bread stick, Fruit Juice or Milk	Buttered Croissant Link Sausage, Fruit, & Milk Cheese Pizza Salad, Fruit Juice, Milk	
22	23	24	25	26	27	28
	Cream Cheese Mini Bagels, Fruit, & Milk Hot Dog, Baked Beans Chips, Fruit Juice, Milk	Breakfast Pizza, Fruit, & Milk Nacho Salad with Cheese Sauce, Taco Beef, Salsa and Tortilla Chips, Fruit Juice	Waffle w syrup, Chicken Nuggets, Fruit, & Milk Chicken Nugget, Potato Wedges, Whole Kernel Corn Cole, Fruit Juice or Milk	Sausage Biscuit, Jelly, Fruit Smoothie, & Milk Chicken Alfredo with Penne Pasta, Wheat Roll, Salad, Fruit Juice or Milk	Buttered Croissant, Link Sausage, Fruit, & Milk Meatball Stroganoff Steamed Carrots Fruit Juice or Milk	
29	30	31				
	Egg Frittata with Cheese Bagel, Fruit, & Milk Turkey and Swiss Sliders, Chips, Carrot Sticks, Ranch Dressing Fruit Juice or Milk	Biscuit with Jelly and Little Smokies, Jelly, Fruit, & Milk Cheesy Taco Pasta Salad, Whole Wheat Roll, Fruit Juice or Milk				